

AGENDA



Raising the Bar: Recognizing Resiliency During Times of Change

Baker Donelson
1600 West End Avenue
Nashville, TN 37203

Nov. 10, 2022

Program Producers: Rebecca Blair, The Blair Law Firm
Hon. Lynne Ingram, Eighth Circuit Court Judge, Metro Nashville & Davidson County

Total Credits: 5.5 Dual

8 - 9 a.m. CT **Registration & Networking Breakfast**

9 - 10 a.m. CT **Lessons Learned : Withstand, Regain and Grow**

1 Dual

Drawing upon the accounts of others and her own work life, Chancellor Lyle will give her perspective on withstanding career adversity, overcoming challenges, and growing from these experiences.

Chancellor Ellen Lyle (retired), JAMS: Mediation, Arbitration and ADR Services

10 - 10:15 a.m. CT **Break**

10:15 - 11:45 a.m. CT **Bloom Where You're Planted: Succeeding in a Law Firm & Nontraditional Legal Careers**

1.5 Dual

Options abound these days for women lawyers. Working in a law firm (large, small, solo) is still a great option. But that is not the only trajectory after law school or even years into practice. Some attorneys choose to walk a different path after years of firm life or maybe from the start of their careers. The two panels in this session will focus on their reasons for the type of practice they have chosen, how that practice has evolved over time, and why they may have stayed with their chosen area or moved to another type of practice.

Part 1 Panelists:

Rebecca Blair, The Blair Law Firm
Amy Mohan, Sherrard Roe Voigt & Harbison
Moderator: Lisa Ramsay Cole, Lewis Thomason

Part 2 Panelists:

Amy Bryant, Office of Conservatorship Management
Joycelyn Stevenson, Littler
Ann Pruitt, Former Global Corporate Legal Executive and Non-Profit Executive Director
Moderator: Lisa Ramsay Cole, Lewis Thomason

11:45 a.m. - 12:30 p.m. CT

Lunch

12:30 - 1:30 p.m. CT

1 Dual

Key Habits of Highly Successful Women

Are you on all day long, yet at 5pm left wondering, "What did I get done?" Reacting to daily demands and distractions can leave you feeling scattered and unproductive. It's time to change the narrative and your expectations so you get the right things done, without the guilt. This motivational talk will leave you inspired to use simple tools, strategies, and insights to:

- Tame your inner critic
- Master expectations and get what you really want
- Feel truly successful every day

Mridu Parikh, Life is Organized

1:30 - 1:45 p.m. CT

Break

1:45 - 2:45 p.m. CT

1 Dual

Women Supporting Women Panel

This panel will address the significant role and impact women trailblazers have had in lifting other women to the bench. These speakers will provide advice and guidance on how to help other women by developing and maintaining relationships and working together to thrive as our communities continue changing.

Hon. Khadija Babb, Davidson County Criminal Court
Margaret Behm, Dodson Parker Behm & Capparella, PC
Chancellor Anne Martin, Davidson County Chancery Court
Moderator: Julie Peak, Liberty Mutual Insurance Company

2:45 - 3 p.m. CT

Break

3 - 4 p.m. CT

1 Dual

Out of Bound[arie]s

Do you struggle to maintain your sense of peace and work-life balance amidst the demands of life and law practice? Learn how setting and enforcing boundaries can enhance your well being and preserve your energy for the things you love.

Brigid Caldwell, Law Office of Brigid M. Caldwell

4 - 6 p.m. CT

Networking Reception - The Lounge at Blue Aster, located inside the Conrad Hotel
1620 West End Ave
Nashville, TN 37203